



Poplar, Blackwall & District Rowing Club

The Boathouse
Ferry St
Cubitt Town
London E14 3DT
Tel: 020 7538 9869

Registered Charity No: 303251

Adult (18+) Rowing Membership Application Form

Name:	Phone:
Address:	e-mail (please print clearly):
Post code:	Student Union no:

I apply to join Poplar Blackwall & District Rowing Club. I confirm that I can swim 250m unaided. I agree to abide by the rules of the club and by all Health & Safety requirements.

	Yes	No
Do you have a heart condition?		
Do you feel pain in your chest when you do physical activity?		
Do you lose balance due to dizziness or do you ever lose consciousness?		
Do you have a bone/ joint problem that could be worsened by a change in your physical activity? Do you take prescribed drugs for blood pressure or a heart condition?		
Do you know of any reason why you should not participate in physical activity?		

If you are a current or previous member of any other rowing club, please give the club name here:

Signed :

Date:

Membership fees are payable by monthly standing order or annually from your bank to the club Lloyds Bank account number 00056881, s/c 30-13-54, using your surname and initial as the reference, or by cash. Cheques are not accepted.

Current membership fees, payable by standing order, are £45.00 per month for full members, £20.00 per month for students in full time education.