

## BOATHOUSE CHATTER



Welcome to the first issue of our new club newsletter- Boathouse Chatter.

COVID19 has interrupted our usual routines. We can't have a chat over a brew in person – but let's have a chat remotely ...

Let's use the newsletter to share news and tips on how we are all coping with the lockdown and avoiding raiding the fridge; Best & worst bits of your experience of the lockdown; Anything you're going to do differently after the lockdown; Something that has made you laugh out loud even though you're not sure why you're laughing .....

Share what's going on and diary dates for the future after COVID 19 ...

Please send your news to [anita@newlandmail.com](mailto:anita@newlandmail.com) by Sunday 17<sup>th</sup> May 2020. Next issue Sunday 24<sup>th</sup> May 2020

Let's work together to get enough content to issue the newsletter every other Sunday

Robbie Coleman is updating our Twitter account. Follow us on Twitter @PBDRC

### DIARY DATES

- 26<sup>TH</sup> SEPTEMBER 2020  
BOATHOUSE 50<sup>TH</sup>  
BIRTHDAY
- ZOOM QUIZ – TBC
- AGM - TBC

## ➤ Trustee Update

Good Evening Everyone, I hope you and your families are all staying safe and well.

Since we closed the club on 20th March the situation in the UK has changed dramatically. The number of confirmed cases and the number of deaths both continue to rise. This is a very difficult and incredibly frustrating time for everyone. It is unprecedented and is exceptionally challenging to manage particularly as we do not have an end date.

However, with the support of all our Members we can and we will ride out this unprecedented storm.

I'm sure most of you have realised, as a charity we are unlikely to receive the same level of donations as we have in previous years and supporting the fabric of the Clubhouse during this time will require us to dip into our reserves to an unknown extent.

As I mentioned in my email on 3<sup>rd</sup> May, the Trustees have continued to work behind the scenes to ensure that the club remains in as strong a position as possible. In that email I said that the trustees had applied for several grants and I'm happy to say that we have been awarded one by Tower Hamlets. This will help relieve some of the pressure in meeting the club's on going costs during the lockdown.

Being a charity in these uncertain financial times we want to reiterate that you all are the bedrock of the Club and your subscriptions are critical for the Club to be able to weather the storm ahead. Your support during this global crisis is very much appreciated. With that being said we appreciate that peoples circumstances may have changed in the interim and we would like to offer members a 25% reduction in the subs while the club is closed starting from next month. If you wish to take up the option please let myself and Roger Chastell know.

I'd like to thank everyone who is doing their bit to keep the club spirit going on the forum Richie, John Roberts, Miggsy, Alan, Tash and Paddy for making a 1K virtual ergo race into an Olympic sport.

Special mentions should go to the clubs doctors Jennifer Watt, Rachel Moores and also Patrick Behan who is working with the physio department. All three are fighting the good fight for the NHS in London hospitals.

We want to make sure that once the lockdown restrictions are relaxed, we will be able to get back onto the water as soon as it is safe to do so. But I have to emphasize we will only do so under advisement from Government directive, British Rowing and the PLA.

If the club can help you in one form or another please contact me directly on [danbartlett1@btinternet.com](mailto:danbartlett1@btinternet.com) .

Dan Bartlett

## ➤ Get Involved

Share what you are doing to keep fit and sane during the lockdown....

### *Virtual Regatta series*

- Thanks to Paddy for getting everyone organized. Well done to all who took part.
- Virtual regatta – Series B is scheduled for **23<sup>rd</sup> May 2020**
- Virtual regatta – Series C is scheduled for **20<sup>th</sup> June 2020**
- Contact Paddy on [Patrick.boyle@phonak.com](mailto:Patrick.boyle@phonak.com)

### *Circuits*

- Monday & Wednesday from 5.45pm – contact Bev on [samjunior135@gmail.com](mailto:samjunior135@gmail.com)



## ➤ Other news

- Patrick Behan is working at a London hospital. This is his update. ....

Yes, I'm trying to keep fit but do find it hard during the week as I get very tired so have started cycling to/from work instead. As I'm sure you can imagine it was quite tough to begin with but fortunately, we have a very good team. Similarly to the story about Kenny we are seeing our own patients come all the way from intensive care all the way through to home which is amazing. Makes the job worthwhile.

- Dan's brave rescue and recovery missions continue. To date, he has retrieved a dead mouse from the tank and rescued a live pigeon from the hall. Well done Dan!

## ➤ Injuries League



Other sports can be very dangerous or are we accident prone.... Share your fun stories of the injuries you sustain trying to keep fit in lockdown. Who will be top of the league?

Steve Sale is first up. Steve is a little accident prone as we know. Recently he experienced the dangers of speed on two wheels. We are reliably informed that this was a moving not static cycle. He sustained a deep gash to the elbow and is currently top of the league – slow down Steve and take care!