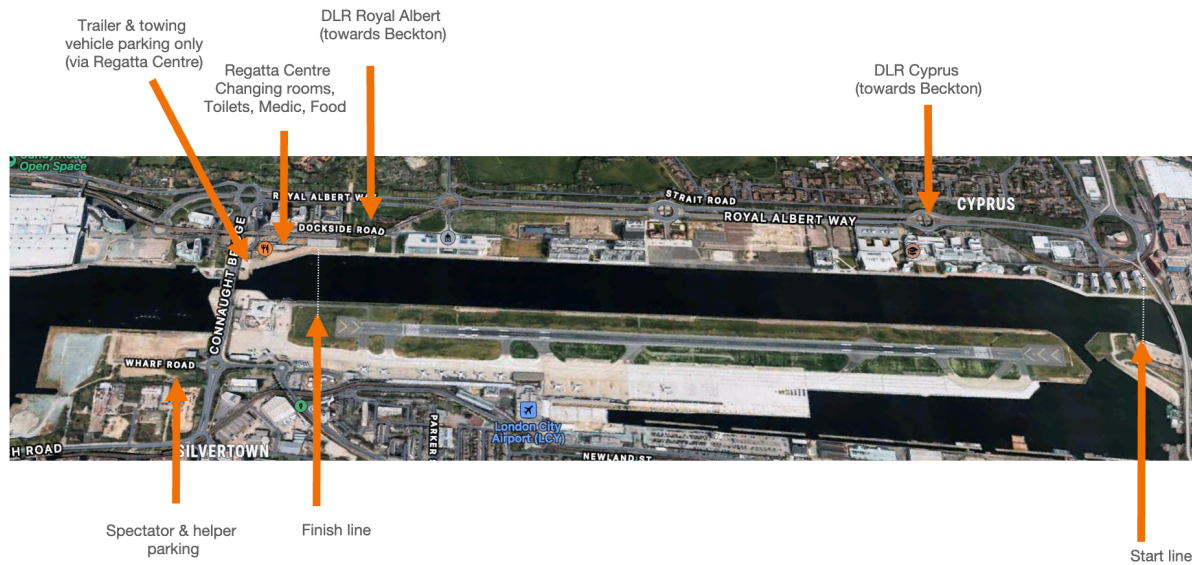


# Notes to competitors for Poplar Regatta 2024

## Introduction

Poplar Regatta returns to the Royal Albert Dock E16 2QT on Sunday, 19th May 2024. For the first time, this year, we are offering Masters' events (open, women and mixed) as well as Senior and Junior events. All races will be over 2000m. BROE will open for entries at 12 noon on Wednesday 17th April and will close for further entries at 18.00 on Wednesday 8th May.



## Our aims

We encourage side-by-side racing so there will be no time trials. If weather deteriorates during the day, preventing finals from being held, the results of races with heats and a final will be decided on the times recorded in heats. We encourage sculling and welcome entries from both inexperienced and experienced scullers.

If it is necessary to cancel the Regatta because of forecast bad weather, full refunds of paid entry fees will be made.

The following rules apply:

- The regatta will involve 6-lane racing over 2000m with racing on a 6-minute cycle.
- The regatta starts with the first race at 9.00am, stops at 1.00pm for lunch and restarts at 2.00pm until 6.00pm. This gives us 80 racing slots during the day.
- The entry for every boat category will be limited to a maximum of 18 crews. No crew will have to race more than 1 heat and 1 final in any event.
- All events will be complete either in the morning or the afternoon: no events will carry over from morning to afternoon.
- We will close events before the declared closing date/time if all available places are filled. If events are oversubscribed, entries will be accepted on a first-come first-paid basis.
- We will combine Masters' age categories up to a limit of 3 adjacent age bands and where the appropriate handicap or handicaps will be applied.

## Table of Events

<b>BOAT</b>	<b>MORNING DIVISION</b>	<b>AFTERNOON DIVISION</b>
8+	O Trophy, OJ18, OJ15, W Trophy, WJ18, WJ15 O Mas, W Mas, Mxd Mas	O Gold, OJ16, W Gold, WJ16
8x+		OJ14, WJ14
4x-	O Trophy, W Trophy	O Gold, W Gold. OJ18, WJ18, OJ16, WJ16, O Mas, W Mas, Mxd Mas
4x+	OJ14, WJ14	O Mas, W Mas, Mxd Mas
4-	O Gold, W Gold, OJ18, WJ18	O Trophy, W Trophy, O Mas, W Mas, Mxd Mas
4+	O Gold, W Gold, OJ16, WJ16	O Trophy, W Trophy, OJ18, WJ18, O Mas, W Mas, Mxd Mas
2x	O Trophy, W Trophy, OJ16, WJ16	O Gold, W Gold, OJ18, WJ18, O Mas, W Mas, Mxd Mas
2-	O Trophy, W Trophy, O Mas, W Mas	O Gold, W Gold
1x	O Gold, W Gold, OJ18, WJ18, O Mas, W Mas	O Trophy, W Trophy

### Numbers of entries

If there are multiple entries from a single club in an oversubscribed event, the Regatta Committee may reject some of the multiple entries to ensure as many clubs as possible get a chance to race.

### Senior and Junior events

- If a particular boat class receives 3 or less entries, it may be cancelled depending on pressure on the programme from other events. All entry fees paid in these circumstances will be refunded in full.
- For events with 6 or less entries, races will be straight finals.
- For events with 7-12 or 7-18 entries we will run events as 2 or 3 heats respectively and a final. The winner of each heat and the 3 (if 3 heats) or 4 (if 2 heats) fastest losers from all the heats will progress to the final.

### Masters events

- For Masters events all races will be straight finals with a maximum of 6 entries.

## Categories of Senior Events

**Gold** events are aimed at competitors or crews with high CRI points. Any crew may enter a Gold event and there is no limit on the CRI points in the boat.

**Trophy** events are aimed at competitors or crews with lower numbers of CRI points, limited as follows:

- 8+ 2000 points
- 4+/-x 1000 points

- 2-/x 500 points
- 1x 250 points

Trophy events are intended to give less-experienced crews the chance to race against crews of similar status.

- We will be flexible about the exact points cut-off depending on entries received.
- We ask entrants to respect the banding described above and not enter over-qualified crews into Trophy events.
- We will accept bona fide entries with points totals at the time the entries are made, and will not ask crews to change events if they gain more points which put them over the above limits between the time of their entry and the Regatta.
- We reserve the right to move an entry from Trophy to Gold if we think they're over-qualified for the lower event, in liaison with the club concerned, but please note this will also change the Division in which the crew will be racing.

School/junior crews (J18) may enter Gold or Trophy events subject to the above CRI points limits.

#### **Race entry fees**

8s and Octuples	£180
Fours and quads	£112
Pairs and doubles	£60
Singles	£30

Payments must be made through BROE. Unpaid entries will not be accepted.

#### **Competitors' ID**

Competitors will need to identify themselves before claiming prizes. The easiest way of doing this is with a British Rowing membership card, actual or digital, but any other sensible method will be accepted so long as it shows the competitor is who they say they are. We will carry out random checks on crew composition to ensure competitors racing are the same as those entered.

## **General Notes and Rules**

1. Poplar Regatta will be held under British Rowing Rules of Racing and RowSafe: Guide to Safe Practice in Rowing.
2. Competitors' equipment must meet current BR rules and may to be checked by umpires to ensure conformance, especially regarding heel restraints, buoyancy compartments and bow-balls. All boats and equipment are brought to the regatta at the owner's risk. All boats must always display their six-character identification code.
3. The course is 2000 metres, having up to 6 lanes with a pontoon start and deploys a stern-on start, bows-on finish alignment. All races are bank umpired.
4. Crews should follow the circulation pattern at all times as instructed in the safety document.
5. All coaches must go through the safety plan document with every crew – especially their coxes – before boating.
6. BROE will be closed for substitutions at 12 noon on Saturday 18th May. Any substitutions after this time must be made at Regatta Control on race day.

Substitutions made in this way will be checked against BROE on-line at the time they are made.

7. Competitors may enter one event in the Morning Division and one in the Afternoon Division. Boat and cox sharing is allowed in either division strictly at competitors' risk. No changes to the timing or order of racing will be made to accommodate doubling-up.
8. Crews withdrawing from a Morning Division Final after racing their heat must provide an adequate medical reason to do so and this may be required to be validated by the regatta medical officer. In the event of a crew withdrawal, the Race Committee has the right to disqualify competitors from racing in the Afternoon Division if it is felt that the spirit of the sport is not being followed.
9. This event, in common with all rowing events, may be photographed by amateurs or professionals who sell their photographs. By entering or visiting the regatta you accept that you may be photographed in this way.

## No cycling area

Coaches and spectators are asked not to ride bicycles in the enclosure area between the boathouse and regatta centre.

## Racing

The course is 2000 meters, up to 6 lanes with a pontoon start and is Stern on Start, Bows-on Finish. All races are bank umpired. Each race will be umpired from the bank, with Umpires positioned at each 500m mark and finish.

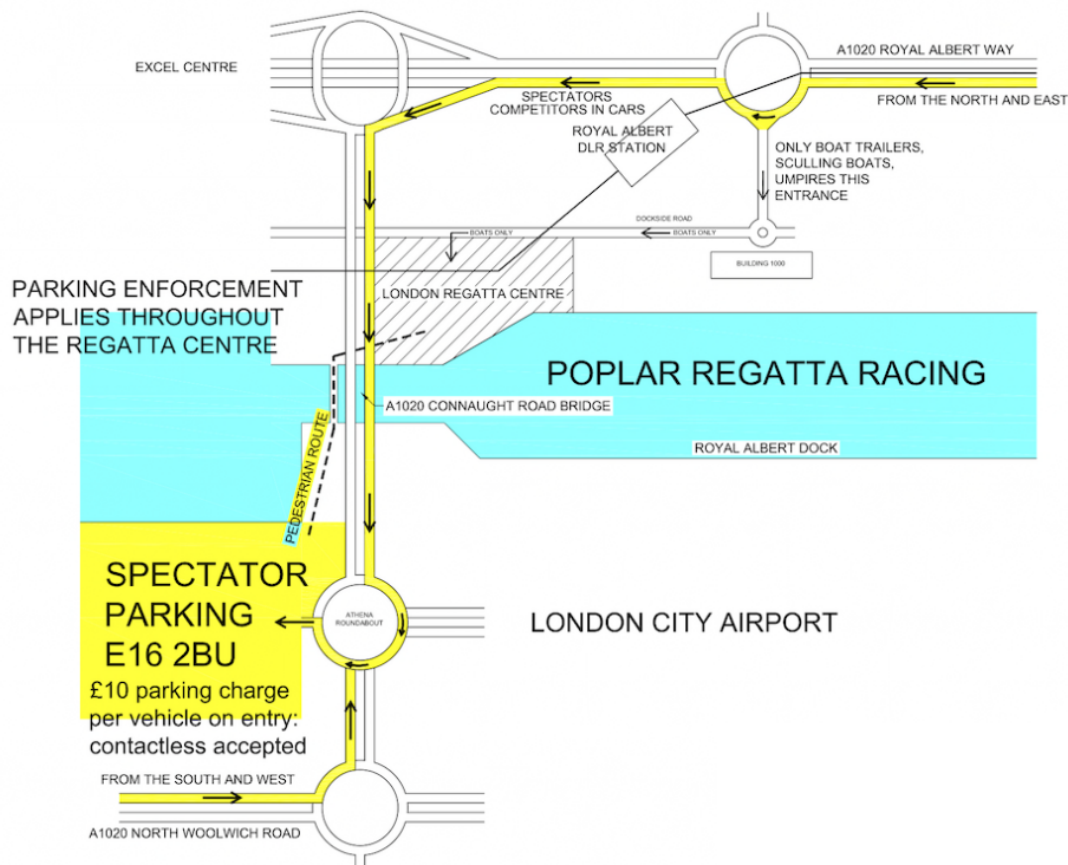
Crews should boat no later than 30mins and no earlier than 45mins before their race start.

All crews awaiting the Start will be under the control of the Pen Marshal on the bank. Crew should aim to be in the Pen 10 minutes before their race start. Instructions given by this Marshal must be always obeyed. Crews should cross to their lanes and attach to the Start when instructed to do so. A Start Umpire will be situated on Sir Steve Redgrave Bridge. They will use a loud speaker and traffic light system to instruct and start the crews. A loudhailer and flag may be used as backup in case of speaker and traffic light system failure.

Races will be started according to British Rowing Rules.

## London Regatta Centre Car Park

Parking for minibuses and vehicles towing boat trailers, cars carrying sculling boats, and event officials, umpires and assistants is at the Regatta Centre: vehicles should go direct to the London Regatta Centre at Dockside Road E16 2QT and follow the instructions of parking attendants.



Competitors unable to use public transport are recommended to travel, if possible, with their club's towing vehicle. We regret that, because of very limited parking space at the Regatta Centre, all cars other than the above must park in the Spectator Parking area. This includes competitors' cars not carrying or towing boats.

Parking in Spectator Parking is charged at £10.00 per day or part-day. Spectator Parking is at the west exit of the roundabout at the south side of the Connaught Bridge (the 'London City Airport' roundabout which has a large pale-blue statue of Athena in the centre) – see map. Parking fees will be charged on entry. Attendants will be equipped for card-contactless transactions. There is easy pedestrian access from this parking area over the pedestrian footbridge to the Regatta Centre.

There is free parking at the Regatta Centre for bicycles, e-scooters, motorbikes etc.



