

POPLAR REGATTA ENTRIES 2026 v30/3

Introduction

Poplar Regatta returns to the Royal Albert Dock E16 2QT on Sunday, 17th May 2026. We are offering a full range of Senior and Junior events. All races will be over 2000m with up to 6 lanes. BROE will open for entries at 12 noon on Wednesday 15th April and will close for further entries at 18.00 on Wednesday 6th May.

Our aims

We encourage side-by-side racing so there will be no time trials. If weather deteriorates during the day, preventing finals from being held, the results of races with heats and a final will be decided on the times recorded in heats. We encourage sculling and welcome entries from both inexperienced and experienced scullers.

If it is necessary to cancel the Regatta because of forecast bad weather, full refunds of paid entry fees will be made.

The following rules apply:

- The regatta will involve 6-lane racing over 2000m with racing on a 6-minute cycle.
- Depending on demand, the regatta will start with the first race at 9.00am, stop at 1.00pm for lunch and restart at 2.00pm until 6.00pm. This gives us up to 80 racing slots during the day.
- The entry for every boat category will be limited to a maximum of 18 crews. No crew will have to race more than 1 heat and 1 final in any event.
- All events will be complete either in the morning or the afternoon: no events will carry over from morning to afternoon.
- We will close events before the declared closing date/time if all available places are filled. If events are oversubscribed, entries will be accepted on a first-come first-paid basis.

TABLE OF EVENTS

BOAT	MORNING DIVISION	AFTERNOON DIVISION
8+	O Trophy, OJ18, OJ15, W Trophy, WJ18, WJ15	O Gold, OJ16, W Gold, WJ16
8x+		OJ14, WJ14
4x-	O Trophy, W Trophy	O Gold, W Gold. OJ18, WJ18, OJ16, WJ16
4x+	OJ14, WJ14	OJ15, WJ15
4-	O Gold, W Gold, OJ18, WJ18	O Trophy, W Trophy
4+	O Gold, W Gold, OJ16, WJ16	O Trophy, W Trophy, OJ18, WJ18
2x	O Trophy, W Trophy, OJ16, WJ16	O Gold, W Gold, OJ18, WJ18
2-	O Trophy, W Trophy	O Gold, W Gold
1x	O Gold, W Gold, OJ18, WJ18,	O Trophy, W Trophy

Numbers of entries

If there are multiple entries from a single club in an oversubscribed event, the Regatta Committee may reject some of the multiple entries to ensure as many clubs as possible get a chance to race.

Senior and Junior events

- If a particular boat class receives 3 or less entries, it may be cancelled depending on pressure on the programme from other events. All entry fees paid in these circumstances will be refunded in full.
- For events with 6 or less entries, races will be straight finals.
- For events with 7-12 or 7-18 entries we will run events as 2 or 3 heats respectively and a final.

Categories of Senior Events

Gold events are aimed at competitors or crews with high CRI points. Any crew may enter a Gold event and there is no limit on the CRI points in the boat.

Trophy events are aimed at competitors or crews with lower numbers of CRI points, limited as follows:

8+	2000 points
4+/-/x	1000 points
2-/x	500 points
1x	250 points

Trophy events are intended to give less-experienced crews the chance to race against crews of similar status.

- **We ask entrants to respect the banding described above and not enter over-qualified crews into Trophy events.**
- We will accept bona fide entries with points totals at the time the entries are made, and will not ask crews to change events if they gain more points by wins elsewhere which put them over the above limits between the time of their entry and the Regatta.
- We reserve the right to move an entry from Trophy to Gold if we think they're over-qualified for the lower event, in liaison with the club concerned, but please note this will also change the Division in which the crew will be racing.

School / junior crews may enter senior Gold or Trophy events subject to the above CRI points limits.

Race entry fees

8s and Octuples	£200
Fours and quads	£120
Pairs and doubles	£70
Singles	£40

Payments must be made through BROE. Unpaid entries will not be accepted.

Competitors' ID

Competitors will need to identify themselves before claiming prizes. The easiest way of doing this is with a British Rowing membership card, actual or digital, but any other sensible method will be accepted so long as it shows the competitor is who they say they are. We will carry out random checks on crew composition to ensure competitors racing are the same as those entered.

General Notes and Rules

1. Poplar Regatta will be held under British Rowing Rules of Racing and RowSafe: Guide to Safe Practice in Rowing.
2. Competitors' equipment must meet current BR rules and is liable to be checked by umpires to ensure conformance, especially regarding heel restraints, buoyancy compartments and bow-balls. All boats and equipment are brought to the regatta at the owner's risk. All boats must display their six character identification code at all times.
3. The course is 2000 metres, having up to 6 lanes with a pontoon start and deploys a stern-on start, bows-on finish alignment. All races are bank-umpired.
4. BROE will be closed for substitutions at 12 noon on Saturday 16th May. Any substitutions after this time must be made at Regatta Control on race day. Substitutions made in this way will be checked against BROE on-line at the time they are made.
5. Competitors excluding coxes may enter one event in the Morning Division and one in the Afternoon Division. Boat and cox sharing is allowed in either division strictly at competitors' risk. No changes to the timing or order of racing will be made to accommodate coxes' doubling-up.
6. Crews withdrawing from a Morning Division Final after racing their heat must provide an adequate medical reason to do so and this may be required to be validated by the regatta medical officer. In the event of a crew withdrawal, the Race Committee has the right to disqualify competitors from racing in the Afternoon Division if it is felt that the spirit of the sport is not being followed.
7. Clubs may travel to the Regatta Centre on Saturday 16th May to train on the Dock and leave their trailer on site overnight. While there will be security patrols overnight, equipment left is strictly at clubs' own risk.
8. This event, in common with all rowing events, may be photographed by amateurs or professionals who sell their photographs. By entering or visiting the regatta you accept that you may be photographed in this way.