



Phased Limited return to Rowing at PBDRC due to Covid 19 restrictions.

The trustees would like to thank the club members for their patience during this time. We want to open the club as far as circumstances will allow us at present. So more patience will be needed by many of us. This is going to be a slow process using small steps. We want to make it as safe as we can to protect all members and allow as many members as is possible to boat under all the regulations and guidance which has come our way from Government British Rowing PLA and Police in recent days.

1. **Context** the river is open to Rowing clubs but with caveats. We are told by Police and PLA that we are **not** back to normal. They have reduced their services so they are warning that the likelihood of rescue is also reduced.

References at end of text.

The safety cover is also lessened by the lack of other river users who could spot and summon assistance for

anyone in trouble. As a consequence the onus of responsibility for safety is on the club's trustees in the first instant and the responsibility of the members who are allowed, at this stage, to be able to go afloat.

In reaching the decisions laid out below we have taken into account the Police and PLA guidance, British Rowing guidelines and the Government's instructions regarding Cov 19 on Social Distancing, sporting activities, and other instructions.

2. Who will be allowed to go afloat.

Green scullers with their own sculling boat and sculls.
Green scullers who had been allocated a club sculling boat at the time of the shut down.

3. Who at this stage will not. Anyone who is in the category of

- a) shielded because of underlying health issues
- b) anyone over 70
- c) anyone exhibiting any covid symptoms.
- d) All other members not in category in para 2.

4. What type of boat. As per British Rowing guidance Privately Owned Singles and Green scullers who have been allocated a club sculling boat.

No crew boats at this stage.

Doubles can be used if they are privately owned and the members are from the same household or allocated Double from same household. This would fit with Government instructions Social Distancing and British Rowing use of club equipment to be kept to a minimum. Under the current guidance we are allowed to meet one other person from another household in an open space however, social distancing rules would prevent two members in this category going out in a double. This will obviously be reviewed if guidance changes.

5. When can they go afloat

a) From Wednesday 27th May 2020

b) There will be a booking system which Andrea Stock has kindly volunteered to run.

c) Outings will still be dependant on state of tide, low water and certainly off the wall. These tide times will inform the times of outings which will be available. Robbie Colman will be responsible for overseeing this aspect.

d) The local Rowing Code Navigational rules still apply. Particularly important as there will to be less safety cover, less likelihood of being spotted by passing river traffic or by people on the embankment.

e) Outings to take place only in the Daylight.

6. Safety Cover on water. We are restricted from using our launches to act as safety cover because they need at least four people to launch and return to the boat house. (Social distancing) There is also the problem of abiding by the social distancing guidelines if two people in the Launch.

Anyone going afloat should have their phone with them and put it in a waterproof bag.

We have decided that due to the restricted nature of safety cover that there should be no lone scullers. The booking system in the first instant will be arranged for two scullers at a time with 10 minute windows for going a float.

An important part of safety on water is Contacting LVTS 020 3260 7711. Same procedure as usual first person afloat phones and the last person to leave phones.

Members should use their own phone not the club phone. When using the signing in/out book members should bring their own pen or pencil. If not then they should use disinfectant spray to wipe the club pen before and after use.

Where At this stage as everyone will be a green sculler then they will be able to use all the green zone.

Booking system

As previously mentioned Andrea has agreed to run the system she has put in place. Those eligible to go afloat will phone Andrea on 07923934030 this must be done 24 hours before proposed outing. As previously stated there will be slots every 10 mins. No Booking No outing.

Initially there will be booking for two scullers in each 10 mins slot.

7. Accessing Club British Rowing have indicated that changing rooms, showers, gyms and social areas should be closed. We will be following those guide lines.

The toilets will be open but allowing only one person at a time. A Vacant/ Engaged sign will be put on each of the toilet doors.

So with no changing rooms or showers those going out should come prepared for such.

British Rowing have advised that we should keep the number of people in club to a minimum. So every

member who is booked to go a float, should attend for their outing alone, no supporters.

Please when attending club please remember the guidance on using Public transport for essential purposes only. If you come by bike then take account of social distancing when using the the bike stands.

Members are to enter the club using the door on the landing by the flat. Members should be sensitive to the needs of Amy and Lenny when entering or leaving club. I should point out that Lenny falls into the vulnerable category.

When the last sculler goes a float will they please pull the boat house doors together. This is for security reason as there are many people using the beach and slipway to sunbath and to reassure Amy.

8. The fob system is still in use. Please remember to bring it with you. We do not want to pester Amy.

9. Hygiene We do not have a cleaning company to provide constant cleaning of surfaces and door handles or plates, boat racks particularly the mobile racks.

- a) You will be responsible for wiping door handles, door plates and surfaces with the disinfectant and paper towels supplied.
- b) Hand sanitiser is also provided around the boat house.
- c) Members may already be in the habit of wearing gloves and face mask or face covering.
- d) Members should wipe down the bolts and latches on the boat house doors.
- e) Dustbins are in place to put any cloths or paper used for cleaning.

At end of outing there are some plastic container and small brushes and washing up liquid to use on your scull handles. Wipe down all surfaces you touch on way out.

When outing completed and member is leaving the building please make sure all doors are closed and secure.

10. Sanctions

Failure to comply with any of the measures outlined within this document will result in the immediate suspension of right to boat out of PBDRC whilst these measures are in place and whilst an investigation is conducted.

Further disciplinary action may be taken Trustees in the event of serious breach.

If there is general disregard for the measures identified in the Risk Assessment, Trustees reserves the right to prohibit boating.

11. Actions in the event of suspected/confirmed case of Covid

If any club member experienced symptoms of COVID-19 having attended PBDRC in the previous 5 days, they shall if possible immediately inform the trustees of

- a)when they attended the club
- b)areas they accessed
- c)confirmation that they complied with infection control measures identified in this document.
- d)Any contact they had with other club members.

Measures that will be taken to prevent spread including:

Temporary closure of the club.

Deep clean of the potentially infected areas.

Contact tracing and temporary exclusion of club members attending the club at a similar time to the infected party.

Guidance (11/05/20)

<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing>

British Rowing Club Guidance

<https://www.britishrowing.org/2020/05/coronavirus-covid-19-update-13-may/>

Port of London Authority Guidance

<http://www.pla.co.uk/assets/9of2020-sportrecreationonthethames-covid19-may2020.pdf>

Thames Regional Rowing Council Guidance

<https://www.thames-rrc.co.uk/post/club-resources>

Definitions of Clinically or Extremely Clinically Vulnerable Persons

<https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk-from-coronavirus/whos-at-higher-risk-from-coronavirus/>